

# AVEA MOOD



Avea Mood is an extract produced from the root of *Curcuma longa*, commonly known as turmeric. Nutramedix utilizes a proprietary extraction and enhancement process that makes this product far more effective than any other turmeric product available.

Primary Uses of Avea Mood:

- ANTIDEPRESSANT
- ANTIOXIDANT
- ANTI-INFLAMMATORY

Over the last several years, there has been increasing interest in turmeric products like Avea and their medicinal properties, evidenced by the large numbers of published scientific studies. Turmeric has long been used in both Ayurvedic and Chinese medicine as an anti-inflammatory, to treat digestive disorders and liver problems, and for the treatment of skin diseases and wound healing. The active ingredient in Avea is curcumin, which has been the subject of numerous animal studies demonstrating various medicinal properties. Curcumin has been shown, for example, to stimulate the production of bile and to facilitate the emptying of the gallbladder. It has also been demonstrated in animals to have a protective effect on the liver, anti-tumor action, and the ability to reduce inflammation and fight certain infections.

Recent published studies have been addressing the anti-depressant properties of Avea Mood. In a study published in June 2005 in the European Journal of Pharmacology “*The effects of curcumin on depressive-like behaviors in mice*”, two animal models of depression were analyzed. The neurochemical assays showed that curcumin produced a marked increase of serotonin and noradrenalin levels in both the frontal cortex and the hippocampus in the mice. Dopamine levels were also increased in the frontal cortex and the striatum. Moreover, curcumin was found to inhibit the monoamine oxidase activity in the mouse brain.

Via the proprietary extraction and enhancement process utilized to produce Avea, the product has been enhanced to address the majority of the causes of endogenous depression. Patients suffering from depression report relief within a few hours to a few days after starting the use of Avea.

The “German Commission E” reports that there are no known contraindications, no known side effects and no known interactions with other drugs when using turmeric products like Avea. In May 2005, toxicology studies were conducted on Nutramedix Avea at the University of Guayaquil, Ecuador. No toxic effects were reported even when laboratory rodents received 160,000 times the equivalent human dose.

Some of the reported properties of turmeric products like Avea Mood are:

- ANTIDEPRESSANT
- ANTI-INFLAMMATORY
- ANTIMICROBIAL
- ANTIMUTAGENIC
- ANTIOXIDANT
- ANTITUMOR
- CHOLECYSTOKINETIC
- DEPURATIVE
- FUMITORY
- HEMOSTATIC



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