**STEVIA SWEET HERB**

**PRODUCT DESCRIPTION**

STEVIA is an extract from Stevia rebaudiana, having up to 300 times the sweetness of sugar. STEVIA has garnered attention with the rise in demand for low-carbohydrate, low-sugar food alternatives. NutraMedix STEVIA was identified as “Stevia A” in a study published in 2015 where it was shown to be more effective than doxycycline in eliminating Borrelia burgdorferi, in all morphologic forms. It also demonstrated a significant effect in eliminating B. burgdorferi biofilms which were exacerbated when using doxycycline.

**RESEARCH**

A double-blind placebo-controlled study of the effectiveness and tolerability of oral stevioside in human hypertension showed that oral stevioside is a well-tolerated and effective modality and may be considered as an alternative or supplementary therapy for patients with hypertension.


A study showed stevia extract highly effective in killing all morphologic forms of Borrelia burgdorferi and biofilms in vitro.


A research study showed that Stevioside proved to be as effective as the antidiabetic agent, rosiglitazone, at enhancing glucose uptake in normal 3T3-L1 adipocytes or in cells induced to insulin resistance via exposure to TNF-α.


**SUGGESTED DOSAGE**

Put 1 to 30 drops in 4 oz. of water and wait one minute before drinking. Start with 1 drop twice daily, at least 30 minutes before meals, increasing slowly up to 30 drops twice daily.

NUTRAMEDIX STEVIA contains no sugars and has a glycemic index of zero.