PARSLEY is an extract produced from the leaves and stems of *Petroselinum crispum*. It is a short-lived perennial herb that is a member of the carrot family. The herb PARSLEY provides dietary calcium, iron, riboflavin, thiamine, carotenoids, ascorbic acid, and vitamins A and C. It is very effective in aiding detoxification of the liver, kidneys, lymphatic system and the ground matrix. PARSLEY is commonly used in conjunction with antimicrobials produced by NutraMedix like Samoto, Houttuynia, Banderol, Cumanda, Enula, and Mora. Many health care professionals have reported that PARSLEY can be used in place of 4 or 5 other detoxification remedies. In many cases, a significant healing crisis (Hershheimer’s reaction) can be dramatically reduced or eliminated by taking 10 drops of PARSLEY approximately every 10 minutes for an hour or two.

**RESEARCH**

An ethanolic extract of PARSLEY was tested for its ability to inhibit gastric secretion and to protect gastric mucosa against the injuries caused by pyloric ligation, hypothermic restraint stress, indomethacin and cyto-destructive agents in rats. The extract had a significant anti-ulcerogenic activity on the models used and also a PARSLEY extract pretreatment replenished gastric wall mucus and non-protein sulfhydryl contents.


A study was done to investigate both the morphological and biochemical effects of parsley on liver tissue. Degenerative changes were observed in the hepatocytes of diabetic rats. These degenerative changes were significantly reduced or absent in the hepatocytes of diabetic rats treated with PARSLEY. This study suggests that parsley demonstrates a significant hepato-protective effect in diabetic rats.


**SUGGESTED DOSAGE**

**General Detox Aid:** Put 10 drops in 4 oz. of water and wait one minute before drinking. Take 1 to 2 times daily.

**Mild Toxicity:** Put 10 drops in 4 oz. of water and wait one minute before drinking. Take 10 drops 3 to 4 times daily. May be taken several times per day as needed.

**Moderate to Severe Toxicity and Hershheimer Reaction (healing crisis):** Put 10 drops in 2 oz. of water and wait one minute before drinking. Take every 15 minutes until feeling better. Can also put 2 droppers full (approximately 60 drops) in at least 16 oz. of water and sip over a 2 hour period, repeating until feeling better. Each 10 drop dose can be taken with 10 drops of Pinella in the same water.

**PRODUCT DESCRIPTION**

**PARSLEY**

**Various Reported Medicinal Properties of Parsley:**
- Anti-alopecial (Hair Loss)
- Anti-anemic
- Anti-arthritic
- Anti-cardiovascular Disease
- Anti-gallstones
- Anticonjunctivitis
- Anti-cystitis
- Anti-dermatitic
- Anti-diabetic
- Anti-fatigue
- Anti-glaucoma
- Anti-gout
- Anti-infection
- Anti-jaundice
- Anti-kidney Stones
- Anti-liver Disease
- Anti-menstrual Irregularity
- Antineoplastic
- Anti-rheumatism
- Galactagogue
- Hypotensive

**TO RESOLVE TOXICITY OF:**
- LIVER
- KIDNEYS
- LYMPHATIC SYSTEM
- GROUND MATRIX (SPACE BETWEEN THE CELLS)