MACA is an herbal extract made from the root of the MACA plant. The cultivation of MACA can be traced back thousands of years, being an integral part of the diet and commerce of the high Andes region of Peru. MACA was domesticated by the Incas and primitive cultivars of MACA have been found in archaeological sites dating as far back as 1600 B.C. MACA helps to improve the hormonal balance in both men and women as they age. MACA is also helpful in building up the strength of the adrenal gland. MACA is a good rejuvenating herb.

**PRODUCT DESCRIPTION**

**SUGGESTED DOSAGE**

Take 20 to 30 drops in 4 oz. of water 2 to 3 times daily.

**Various Reported Medicinal Properties of Maca:**
- Anxiety
- Estrogen Imbalance
- Sexual Dysfunction
- Depression
- Pms & Menopausal Symptoms
- Testosterone Imbalance