HOUTTUYNIA is an extract of the leaves of Houttuynia cordata. Houttuynia cordata is a Chinese medicinal herb that is found throughout Eastern Asia. It has been used traditionally to treat various types of infections, inflammation, hypertension, sinusitis, pulmonary tuberculosis, etc. Dr. James Schaller has found HOUTTUYNIA to be effective against Bartonella in vitro and in vivo and Dr. Lee Cowden has found HOUTTUYNIA to be effective against Bartonella clinically in patients who have resistant strains of Bartonella.

Cognitive impairment is a result of dementia of diverse causes, such as cholinergic dysfunction and Alzheimer’s disease (AD). Research results indicate that water extracts of H. cordata herb (HCW) improved cognitive impairment, due to cholinergic dysfunction, with inhibitory effects against tauopathies and cholinergic antagonists, suggesting that HCW may be an interesting candidate to investigate for the treatment of AD.


The results of this study provided scientific data to support the efficient and safe use of H. cordata to combat severe acute respiratory syndrome (SARS).


Recently, the emergence of multidrug-resistant strains of Salmonella sp. has caused more serious problems in public health. H. cordata is stable and beneficial in the treatment of bacterial infection including intracellularly replicating pathogens and may solve antimicrobial misuse and overuse.


**SUGGESTED DOSAGE**

Put 1 to 30 drops in 4 oz. of water and wait one minute before drinking. Start with 1 drop twice daily, at least 30 minutes before meals, increasing slowly up to 30 drops twice daily.