ENULA is a proprietary blend of the extracts of two plants: Elecampane (*Inula helenium*), and Jalapa (*Ipomoea purga*). Elecampane contains inulin which helps promote beneficial intestinal bacteria. This is very important since 70% of the immune system is located in the digestive system. Studies have also shown two other active ingredients in elecampane, alantolactone, and isoalantolactone, to be useful in treating parasites, including roundworm, hookworm, whipworm, and threadworm; this research supports the traditional use of elecampane to treat digestive disorders and parasitic infections. Many practitioners have noted that ENULA is effective against certain species of Babesia, a parasite commonly associated with Borreliosis (Lyme disease).

**RESEARCH**

In late 2007, researchers at Cork Institute of Technology, in Cork, Ireland reported that [*Elecampane*] *Inula helenium* kills the potentially fatal methicillin-resistant Staphylococcus aureus (MRSA) and methicillin-sensitive S. aureus (MSSA). Extracts from two plants were tested against a group of staphylococci including MRSA and Elecampane proved 100% effective against the 200 staphylococci tested.


A 1990 study showed that Ipomoea jalapa was among the enanolic plant extracts that inhibited growth of *Mycobacterium Tuberculosis*. It has been deemed to be therapeutically useful; having both antituberculosis and other antimicrobial properties.


**PATIENT REPORTS**

“Has helped tremendously with my Lyme Disease.”

- D.M.

“This is the best defense for my bouts with Lyme Disease. I know the medical industry doesn’t want to hear about natural products, but they don’t have anything that is as effective!”

- A. M.

**SUGGESTED DOSAGE**

Put 1 to 30 drops in 4 oz. of water and wait one minute before drinking. Start with 1 drop twice daily, at least 30 minutes before meals, increasing slowly up to 30 drops twice daily.