CHANCA PIEDRA (Phyllanthus niruri) is an extract produced from the leaves and stems of the CHANCA PIEDRA plant that is found in South America. CHANCA PIEDRA has been used for generations by the indigenous population of South America in eliminating gallstones and kidney stones, reducing pain and spasms associated with these stones and treating malaria, colds, flu and certain other infections. Anecdotal reports in humans suggest CHANCA PIEDRA also has anti-Babesia and anti-OCD properties.

**PRODUCT DESCRIPTION**

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**RESEARCH**

*Phyllanthus niruri* has been found to exhibit marked inhibitory effect on hepatitis B virus evidenced by its exhaustive utility in cases of chronic jaundice and a published study verified this in woodchucks with hepatitis virus. Venkateswaran PS, et.al, “Effects of an extract from Phyllanthus niruri on hepatitis B and woodchuck hepatitis viruses: in vitro and in vivo studies.” *Proc Natl Acad Sci U S A.* 1987; 84(1):274–8.

One study also examined the anti-HIV effects of the alkaloidal extract of *Phyllanthus niruri* in human cell lines. This alkaloidal extract suppressed activity of HIV-1 and was found to exhibit sensitive inhibitory response on cytopathic effects induced by both the strains of human immunodeficiency virus on human MT-4 cells in the tested concentrations. Naik AD, “Effects of alkaloidal extract of Phyllanthus niruri on HIV replication.” *Indian J Med Sci*, 2003:57:387

In several in vitro and animal studies, daily intake of this herb helped to prevent the formation of kidney stones. The growth of the matrix calculus, as well as the stone satellites, was greatly reduced in the animals treated with *Phyllanthus niruri*. In addition, the calculi were eliminated or dissolved in some of the treated animals.


**SUGGESTED DOSAGE**

Put 1 to 30 drops in 4 oz. of water and wait one minute before drinking. Take twice daily at least 30 minutes before meals.