

ADRENAL

ADRENAL SUPPORT

TO RESOLVE:

- ADRENAL FATIGUE •
- EXHAUSTION •

TO RESTORE:

- ENERGY •
- STAMINA •
- ENDURANCE •



PRODUCT DESCRIPTION

ADRENAL is a proprietary blend of the extracts of four adaptogenic plants – *Panax quinquefolium*, *Astragalus mongholicus*, *Schisandra Chinensis*, and *Rhodiola Rosea*. This proprietary blend supplies energy and replenishes depleted adrenal glands. The adrenal glands help the body respond to stress and also produce steroids that contribute to the production of over 100 hormones that are vital to optimum health. It is estimated that approximately 95% of the population of the United States suffers from some degree of Adrenal Fatigue which is any decrease in the ability of the adrenal glands to perform normal functions.

RESEARCH

A 2010 randomized, double-blind study found that *Panax quinquefolium* reduced cancer-related fatigue.

Barton DL, et al, "Pilot study of *Panax quinquefolius* (American ginseng) to improve cancer-related fatigue: a randomized, double-blind, dose-finding evaluation: NCCTG trial No3CA," *Support Care Cancer*. 2010;18(2):179-87, DOI: 10.1007/s00520-009-0642-2

A 2001 research article showed that *Schisandra* was found to be a powerful antioxidant and anabolic agent which also promotes glycogenesis, the process that converts carbohydrates into glycogen (which provides the energy necessary to revitalize "stressed out" cells). In addition, *Schisandra* has been found to stimulate the central nervous system, possibly by increasing dopamine. Dopamine is synthesized by the adrenals and an immediate precursor in the synthesis of norepinephrine, which plays a pivotal role in helping the hypothalamus-pituitary-adrenal axis adjust to stress.

Dean, W, "Role of Novel Russian Adaptogenic Compounds in Restoration of Adrenal Function." *Townsend Letter for Doctors and Patients*, Nov. 2001

PATIENT REPORTS

"I have Lyme disease and struggle with the chronic fatigue it causes. My adrenals and thyroid are just spent. This product was recommended by my doctor. It made a huge difference in my daily life."

-N.S.

SUGGESTED DOSAGE

Put 20 drops in 4 oz. of water and wait one minute before drinking. Take twice daily (10 minutes before breakfast and lunch).

Various Reported Medicinal Properties of Adrenal:

- Adaptogenic •
- Antioxidant •
- Antispasmodic •
- Antiseptic •
- Aphrodisiac •
- Carminative •
- Demulcent •
- Diaphoretic •
- Diuretic •
- Expectorant •
- Hypotensive •
- Nervine •
- Stimulant •
- Stomachic •
- Vasodilator •