

VITAMIN C

DIETARY SUPPLEMENT

- ANTIOXIDANT SUPPORT
- CARDIOVASCULAR SUPPORT
- FEMALE HEALTH
- GENERAL WELLNESS
- IMMUNE SYSTEM SUPPORT
- MALE HEALTH



PRODUCT DESCRIPTION

VITAMIN C contains a highly purified source of ascorbic acid and is comparable to reagent grade vitamin C. In addition, no chemical lubricants are used in the encapsulation process and this product contains no diluents, preservatives or binders, thus insuring maximal tolerance and absorption. **VITAMIN C** plays a critical role in your body. It is a powerful antioxidant, aids in wound healing, stimulates white blood cell immune activity and helps the body combat colds, flu and other infections. It also supports cardiovascular health and aids in iron absorption. **VITAMIN C** deficiency can be a real problem and is not uncommon when undergoing emotional stress or higher levels of physical stress such as burns, surgery, or other trauma. It is very beneficial when dealing with other ailments such as allergies and infections.

RESEARCH

In 2015, research concluded that the protective effects of **VITAMIN C** on A/FM/1/47(H1N1) influenza virus-caused pneumonia might be related to its inhibition of corticosteroid synthesis, which reduces the susceptibility to influenza viral infection in restraint-stressed mice.

Cai, Y, "A new mechanism of **VITAMIN C** effects of A/FM/1/47(H1N1) virus-induced pneumonia in restraint-stressed mice." *Biomed Res Int.* 02/2015;2015:675149. doi: 10.1155/2015/675149. Epub 2015 Feb 1.

A 1995 study showed that oral administration of ascorbic acid produced marked improvement in vaso-dilation in patients with atherosclerosis and that endothelial dysfunction may respond to antioxidant therapy. It was concluded that ascorbic acid reverses endothelial vasomotor dysfunction in the brachial circulation of patients with documented coronary artery disease.

Levine, GN, "Ascorbic Acid Reverses Endothelial Vasomotor Dysfunction in Patients with Coronary Artery Disease." *Circulation.* 1996 Mar 15;93(6):1107-13.

Various Reported Medicinal Properties of Vitamin C:

- Anti-anemic
- Anti-cancer
- Anti-cardiovascular Disease
- Anti-cataract
- Anti-contusion
- Anti-epistaxis
- Anti-gingivitis
- Anti-hyperkeratosis
- Antihypertensive
- Anti-inflammatory
- Anti-methemoglobinemic
- Antioxodant
- Anti-sclerotic
- Anti-scurvy
- Antiviral
- Collagen Synthesizer
- Forms Healthy Scars
- Heals Wounds

SUGGESTED DOSAGE

One to two capsules per day after a meal or as directed by your physician. For patients with a Vitamin C deficiency and/or constipation (less than 3 bowel movements per day), add 1 capsule per day over 2 doses (morning and evening) until bowel tolerance (the dose tolerated by a patient without producing diarrhea) is reached. Some patients require up to 12 capsules per day (6 in the morning and 6 in the evening) to reach bowel tolerance. Hemolysis is possible when taking vitamin C of any type in patients with a G6PD deficiency and should be monitored.