

COWDEN SUPPORT PROGRAM

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For the first 3 days do only the following

Three times daily immediately before mealtimes take 15 drops of **TRACE MINERALS**, 10 drops of **PINELLA**, 10 drops of **BURBUR** and 10 drops of **AMANTILLA** (the noontime dose can be eliminated anytime after day 21 if not feeling toxic)

On Day 4 of the protocol add the following

Twice daily 30 min. before breakfast and supper take 30 drops of **BANDEROL** (start with one drop twice daily adding a drop with each dose until reaching 30 drops twice daily) together with 15 drops of **TRACE MINERALS**, 10 drops of **PARSLEY** and 1 capsule of **SERRAPEPTASE**. After taking a full dose of **BANDEROL** for two months (Day 78) start rotating between **CUMANDA**, **QUINA** and **BANDEROL** every two weeks, taking 30 drops twice daily for the remainder of the protocol: 12 ½ days ON, 36 hours OFF, 12 ½ days ON, etc.

Twice daily immediately before breakfast and supper take 30 drops of **ENULA** (start with one drop twice daily adding a drop with each dose until reaching 30 drops twice daily) together with **TRACE MINERALS**, **PINELLA**, **BURBUR** and **AMANTILLA**. On Day 15 stop taking **ENULA** and then on Day 17 start taking 30 drops of **MORA** for 12 ½ days. For the remainder of the protocol rotate between **ENULA** and **MORA** every two weeks: 12 ½ days ON, 36 hours OFF, 12 ½ days ON, etc.

Twice daily immediately after breakfast and supper take 20 drops of **ADRENAL**, 10 drops of **BURBUR**, 10 drops of **SPARGA** (start with one drop twice daily adding a drop with each dose until reaching 10 drops twice daily) and 2-6 capsules of **MAGNESIUM MALATE** (only if kidney failure is not present) starting with 2 capsules twice daily increasing the dose until moving bowels at least 2 times a day.

Every 3rd night at bedtime take 2 capsules of **ZEOLITE**. On day 49, after using the entire bottle of **ZEOLITE**, take 2 capsules of **ZEOLITE HP** in place of **ZEOLITE** for the remainder of the protocol.

On Day 18 of the protocol add the following

At bedtime take 20 drops of **SAMENTO** together with 10 drops of **PARSLEY**, 15 drops of **TRACE MINERALS** and 10 drops of **AMANTILLA** --- Note: as described above, every 3rd night 2 capsules of **ZEOLITE** or **ZEOLITE HP** are taken.

(CONTINUED ON REVERSE SIDE)

ADDITIONAL INSTRUCTIONS

Drink 3-4 liters (quarts) of pure water daily. Avoid common food allergens- all cow milk and cow cheese products, all corn products (corn oil, corn starch & corn syrup), peanuts and peanut oil (most oriental foods), soy products (it is a common filler in fast food restaurants), black pepper, white pepper, sugar (may substitute Nutramedix STEVIA) **Consider having silver (mercury) dental amalgams replaced with composites by a biological dentist.**

DOSAGE CAN BE ADJUSTED FOR WEIGHT

The dosages recommended in the following protocols are for an average size adult that weighs between 120-170 pounds (55-77 kilos). Adjust the dosage according to weight; ie. a patient that weighs 30 pounds would take one-fourth of the recommended dose.

MIX THE PRODUCTS IN PURE DRINKING WATER

Unless otherwise specified mix all Nutramedix products with at least ½ cup (4oz. / 120ml) of water and wait at least 1-2 minutes before drinking. The products are most effective when taken in water. The products can be taken directly in the mouth without water, but this should only be done when water is not available.

HERXHEIMER REACTION (HEALING CRISIS)

If feeling toxic (headache, muscle ache, nausea, joint ache, etc) the protocol can be stopped if desired then, take 10 drops of BURBUR or PARSLEY in water or under the tongue every 10 min. until feeling better and then resume the protocol.

AN EASY TO FOLLOW PROTOCOL SCHEDULE IS AVAILABLE AT

<http://www.bionatus.com/nutramedix/pdfs/protocolschedule.pdf>

FOR MORE INFORMATION VISIT

www.bionatus.com/nutramedix